

The use of Medication for PTSD and CPTSD in children and Young People

The use of medication in Children and Young People with Simple PTSD and Complex PTSD

Research evidence indicates that some medications are helpful in reducing **adult** PTSD symptoms.

However, in general, clinical trials have not found that medications like antidepressants reduce PTSD symptoms in children with the disorder or prevent the development of PTSD.

Evidence based Medications may be considered for use in young people with co-occurring major depressive disorder or anxiety disorders or to target specific symptoms that are carefully monitored.

This is an area of active and emerging research and development, with more research studies needed to clarify which medications may be helpful for children and young people with traumatic stress symptoms.